



Sunday  
September 27, 2009  
at La Jolla Cove

*Be Part of the Fun!*

**Come out and get wet with your fellow swimmers as we enjoy La Jolla Cove and the spirit of giving with this great event and fundraiser! Organize a team of up to 5 swimmers, or swim it solo. Donations are encouraged.**

*The proceeds will benefit the American Diabetes Association, La Jolla Cove Swim Club, and San Diego Junior Lifeguard Foundation.*

**For more information and registration go to:**

**<http://www.lajollacoveswimclub.org/UpcomingEvents.html>**

**or contact us at [LJCSC10MileRelay@gmail.com](mailto:LJCSC10MileRelay@gmail.com)**

