

Pier to Cove Swim, Saturday, June 19, 2010

Join the La Jolla Cove Swim Club for our annual Scripps Pier to La Jolla Cove Swim

Swim distance is **1.5 miles** (2.5 K). The swim will start on the north side of Scripps pier at 9:00 AM.

Registration and check-in will begin at 7:30 AM in Scripps' parking lot just south of the Pier.

The race will finish at La Jolla Cove, where hot and cold drinks and food will be served.

If you need a ride to the Pier, we will offer free shuttle services from the Cove to the shore at 8 AM. Swimmers may leave their belongings with event volunteers, who will deliver them back to the Cove, where they will be guarded.

Swimmers may wear wetsuits, fins, masks and snorkels, but this will be considered "**non-regulation**".

Trophies will be awarded to the 1st place male and female "**regulation**" swimmers.

Finish times will be posted on the Club's website within 7 days following the event.

For insurance purposes, all participants must be members of the La Jolla Cove Swim Club.

For non-members we offer a half-year membership for this event (see below).

Parental approval is required for swimmers younger than 18. Recommended minimum age for this swim is 16.

Applications from swimmers **younger than 16** will be considered on an individual basis, but they must apply before June 10, and they will be required to have their own kayak support and an adult (over 18) escort swimmer.

Names and contact information for the kayaker and support swimmer must be written on the back of this entry form.

Approval is at the discretion of the event director. A monitored trial swim may be required before approval is granted.

A free event T-shirt will be included only for entries received in the PO Box or on Active.com by June 10.

Postmark date will not count. Mail early, use certified mail, or take it directly to the post office in La Jolla.

Event T shirts will not be provided for entries received after June 10.

The only way to get a T-shirt is to Pre-register by June 10. We will not order extra event T-shirts for sale.

Beach registrations will not get a T-shirt, as it will be after June 10. We expect many beach registrations.

Name: _____ **Male/Female?** _____ **Age on June 19:** _____

Address: _____

City: _____ State: _____ Zip _____ Regulation or non? _____

Phone: (____) _____ E-mail: _____

Member Entry \$30, includes one event T-Shirt **only if received by June 10**

Non-Member Entry \$40, includes \$10 for ½ year club membership fee

T Shirt Size (one free shirt only): XS ___ S___ M___ L___ XL___ XXL___ XXXL___

Extra Event T-Shirt(s) \$10 each **only if ordered with entry and received by June 10**

Extra T Shirt(s) Size(s) (buy as many as you like): XS ___ S___ M___ L___ XL___ XXL___ XXXL___

Total amount enclosed \$ _____ (Checks to "La Jolla Cove Swim Club"). Sending cash is not recommended.

Make your check payable to "La Jolla Cove Swim Club", and mail it to P.O. Box 427, La Jolla, CA 92038.

Registration on-line can also be done using a **credit card** via the Active.com at:

<http://www.active.com/swim-meet/la-jolla-ca/25k-pier-to-cove-swim-2010>

This event is for experienced ocean swimmers who are prepared for a swim of 1.5 miles in open ocean, "rough water" conditions. We will provide kayak support, but we cannot guarantee the safety of swimmers, especially for those who are unprepared. The release of liability below must be signed, dated and returned with all entries.

RELEASE OF LIABILITY:

I, the undersigned participant, intending to be legally bound, hereby certify that I am physically fit and have not been otherwise informed by a physician. I acknowledge that I am aware of all the risks inherent in ocean swimming, including possible permanent disability or death, and agree to assume all of those risks. AS A CONDITION OF MY PARTICIPATION IN THE LA JOLLA COVE SWIM CLUB'S SCHEDULED EVENT OR ANY ACTIVITIES INCIDENT THERETO, I HEREBY WAIVE ANY AND ALL RIGHTS TO CLAIMS FOR LOSS OR DAMAGES, INCLUDING ALL CLAIMS FOR LOSS OR DAMAGES CAUSED BY THE NEGLIGENCE, ACTIVE OR PASSIVE, OF THE FOLLOWING: LA JOLLA COVE SWIM CLUB, MEET SPONSORS, MEET COMMITTEES, OR ANY INDIVIDUALS OFFICIATING AT THE EVENT OR SUPERVISING SUCH ACTIVITIES. I also specifically acknowledge that I am aware of all the risks inherent in open water swimming and agree to assume those risks.

Signature: of swimmer

Date

Signature: of parent for swimmers younger than 18

Date