

# Pier to Cove Swim, Saturday, June 25, 2011

Join the La Jolla Cove Swim Club for our annual Scripps Pier to La Jolla Cove Swim

Swim distance is 1.5 miles (2.5 K). The swim will start on the north side of Scripps pier at 9 AM.

San Diego Lifeguards will provide support including a boat, jet skis, and paddleboards. Swimmer safety is our first priority. The race will finish at La Jolla Cove, where hot and cold drinks and **Chevy's Mexican food** will be served.

Registration and check-in will begin at 7:30 AM in Scripps' parking lot just south of the Pier. Parking is limited.

**NEW: There is a 90 minute time limit for this swim. After 90 minutes, you will be removed from the water by lifeguards.**

If you need a ride to the Pier, we will offer free shuttle services from the Cove to the Pier starting at 8 AM. Swimmers may leave their belongings with event volunteers, who will shuttle them back to the Cove, where they will be watched.

Swimmers may wear wetsuits, fins, masks and snorkels, but this will be considered "non-regulation".

Trophies will be awarded to the 1<sup>st</sup> place male and female "regulation" swimmers. There are no awards for non-regulation.

**For insurance purposes, all participants must be members of the La Jolla Cove Swim Club.**

For those who are not members, we offer a half-year membership for this event (see below).

**A free event T-shirt will be included only for entries received in the PO Box or on Active.com by June 17.**

**Postmark date will not count. Mail early or take it directly to the post office in La Jolla.**

**Event T shirts will not be provided for entries received after June 17.**

**Beach registrations will not get a T-shirt**, as it will be after June 17. We expect many beach registrations.

**The only way to get a T-shirt is to Pre-register by June 17.** We will not order extra event T-shirts for sale.

**The price of this event has gone up this year due to the cost of lifeguard support, permits, food, T shirts etc.**

**It's still a good deal; where can you get such a fun swim, plus a T shirt and lunch for such a low price?**

Swimmers may enter this event by 1) mailing a paper form and a **check** payable to "La Jolla Cove Swim Club" to P.O. Box 427, La Jolla, CA 92038. 2) Register at **Active.com**. 3) On-line registration using a credit card **might** be available via

www.lajollacoveswimclub.org if we can update the website in time for this event. Even if the website is not updated, you can go to the link for the Pier to Cove swim on the website, which will take you to event registration via Active.com.

**Parental approval is required for swimmers younger than 18. Recommended minimum age for this swim is 16.**

*Applications from swimmers younger than 16 will be considered, based on their open water swimming experience, and they must apply before June 17 by paper entry only, addressed to D. Burleigh at the PO Box (above). They may be required to have their own kayak support and an adult (over 18) escort swimmer. Approval is at the sole discretion of the event director. Contact info for the kayaker and support swimmer, must be written on the back of this entry form.*

**PLEASE WRITE LEGIBLY. PLEASE WRITE LEGIBLY. PLEASE WRITE LEGIBLY.**

Name: \_\_\_\_\_ Male/Female? \_\_\_\_\_ Birth Date: \_\_\_\_\_

Address: \_\_\_\_\_

City: \_\_\_\_\_ State: \_\_\_\_\_ Zip \_\_\_\_\_ Regulation or non? \_\_\_\_\_

Phone: (\_\_\_\_) \_\_\_\_\_ E-mail: \_\_\_\_\_

Member Entry  \$40 - includes one event T-Shirt **only if received by June 17**

Non-Member Entry  \$50 - includes \$10 for ½ year club membership fee and T shirt **if received by June 17**

T Shirt Size (one free shirt only): **CIRCLE** your size: XS S M L XL XXL XXXL

Extra Event T-Shirt(s)  \$10 **each**, only if ordered along with entry and received by June 17

Extra T Shirt(s) Size(s) specify quantity of each: \_\_\_XS \_\_\_S \_\_\_M \_\_\_L \_\_\_XL \_\_\_XXL \_\_\_XXXL

Total amount enclosed \$\_\_\_\_\_ (Checks to "La Jolla Cove Swim Club"). Sending cash is not recommended.

This event is for experienced ocean swimmers who are prepared for a swim of 1.5 miles in open ocean, "rough water" conditions. The San Diego City Lifeguards will provide safety support, but we cannot guarantee the safety of swimmers, especially for those who are unprepared. The release of liability below must be signed, dated and returned with all entries.

## RELEASE OF LIABILITY:

I, the undersigned participant, intending to be legally bound, hereby certify that I am physically fit and have not been otherwise informed by a physician. I acknowledge that I am aware of all the risks inherent in ocean swimming, including possible permanent disability or death, and agree to assume all of those risks. AS A CONDITION OF MY PARTICIPATION IN THE LA JOLLA COVE SWIM CLUB'S SCHEDULED EVENT OR ANY ACTIVITIES INCIDENT THERETO, I HEREBY WAIVE ANY AND ALL RIGHTS TO CLAIMS FOR LOSS OR DAMAGES, INCLUDING ALL CLAIMS FOR LOSS OR DAMAGES CAUSED BY THE NEGLIGENCE, ACTIVE OR PASSIVE, OF THE FOLLOWING: LA JOLLA COVE SWIM CLUB, MEET SPONSORS, MEET COMMITTEES, OR ANY INDIVIDUALS OFFICIATING AT THE EVENT OR SUPERVISING SUCH ACTIVITIES. I also specifically acknowledge that I am aware of all the risks inherent in open water swimming and agree to assume those risks.

\_\_\_\_\_  
Signature: of Swimmer

\_\_\_\_\_  
Date

\_\_\_\_\_  
Signature: of Parent for swimmers younger than 18

\_\_\_\_\_  
Date